

Proof of Consent

This document was generated to show efforts made to comply with privacy legislation. This document will contain the Cookie Policy and the cookie consent settings to proof consent for the time and region specified below. For more information about this document, please go to <https://complianz.io/consent>.

This Cookie Policy was last updated on June 19, 2025 and applies to citizens and legal permanent residents of the European Economic Area and Switzerland.

1. Introduction

Our website, <https://www.indiaholisticretreats.com> (hereinafter: "the website") uses cookies and other related technologies (for convenience all technologies are referred to as "cookies"). Cookies are also placed by third parties we have engaged. In the document below we inform you about the use of cookies on our website.

2. What are cookies?

A cookie is a small simple file that is sent along with pages of this website and stored by your browser on the hard drive of your computer or another device. The information stored therein may be returned to our servers or to the servers of the relevant third parties during a subsequent visit.

3. What are scripts?

A script is a piece of program code that is used to make our website function properly and interactively. This code is executed on our server or on your device.

4. What is a web beacon?

A web beacon (or a pixel tag) is a small, invisible piece of text or image on a website that is used to monitor traffic on a website. In order to do this, various data about you is stored using web beacons.

5. Cookies

5.1 Technical or functional cookies

Some cookies ensure that certain parts of the website work properly and that your user preferences remain known. By placing functional cookies, we make it easier for you to visit our website. This way, you do not need to repeatedly enter the same information when visiting our website and, for example, the items remain in your shopping cart until you have paid. We may place these cookies without your consent.

5.2 Statistics cookies

We use statistics cookies to optimize the website experience for our users. With these statistics cookies we get insights in the usage of our website. We ask your permission to place statistics cookies.

5.3 Marketing/Tracking cookies

Marketing/Tracking cookies are cookies or any other form of local storage, used to create user profiles to display advertising or to track the user on this website or across several websites for similar marketing purposes.

5.4 Social media

On our website, we have included content from Instagram, Facebook, Twitter, LinkedIn, WhatsApp and Pinterest to promote web pages (e.g. “like”, “pin”) or share (e.g. “tweet”) on social networks like Instagram, Facebook, Twitter, LinkedIn, WhatsApp and Pinterest. This content is embedded with code derived from Instagram, Facebook, Twitter, LinkedIn, WhatsApp and Pinterest and places cookies. This content might store and process certain information for personalized advertising.

Please read the privacy statement of these social networks (which can change regularly) to read what they do with your (personal) data which they process using these cookies. The data that is retrieved is anonymized as much as possible. Instagram, Facebook, Twitter, LinkedIn, WhatsApp and Pinterest are located in the United States.

6. Placed cookies

WooCommerce

Functional

Consent to service woocommerce

Usage

We use WooCommerce for webshop management. [Read more](#)

Sharing data

This data is not shared with third parties.

Purpose pending investigation

Name

[WC_*](#)

Expiration

Function

Functional

Name

[wc_cart_hash_*](#)

Expiration

session

Function

Store items in shopping cart

Google reCAPTCHA

Functional

Consent to service google-recaptcha

Usage

We use Google reCAPTCHA for spam prevention. [Read more](#)

Sharing data

For more information, please read the [Google reCAPTCHA Privacy Statement](#).

Functional

Name

[_greaptcha](#)

Expiration

6 months

Function

Provide spam protection

Purpose pending investigation

Name

rc::c

Expiration

Function

Name

rc::b

Expiration

Function

Name

rc::a

Expiration

Function

WordPress

Functional

Consent to service wordpress

Usage

We use WordPress for website development. [Read more](#)

Sharing data

This data is not shared with third parties.

Functional

Name

[WP_PREFERENCES_USER_*](#)

Expiration

persistent

Function

Store user preferences

Name

[wpEmojiSettingsSupports](#)

Expiration

session

Function

Store browser details

Name

[wp-settings-time-*](#)

Expiration

1 year

Function

Store user preferences

Name

[wp-settings-*](#)

Expiration

persistent

Function

Store user preferences

Name

[wordpress_test_cookie](#)

Expiration

session

Function

Read if cookies can be placed

Name

[wordpress_logged_in_*](#)

Expiration

persistent

Function

Store logged in users

Elementor

Statistics (anonymous)

Consent to service elementor

Usage

We use Elementor for content creation. [Read more](#)

Sharing data

This data is not shared with third parties.

Statistics (anonymous)

Name

[elementor](#)

Expiration

persistent

Function

Store performed actions on the website

ShareThis

Preferences

Consent to service sharethis

Usage

We use ShareThis for display of recent social posts and/or social share buttons. [Read more](#)

Sharing data

For more information, please read the [ShareThis Privacy Statement](#).

Preferences

Name

[fpestid](#)

Expiration

13 months

Function

Purpose pending investigation

Name

UIDR

Expiration

Function

Name

_stgmap

Expiration

Function

Name

_stamap

Expiration

Function

Name

stacxiommap

Expiration

Function

Name

stdlxmap

Expiration

Function

Name

__uset

Expiration

Function

Name

uset

Expiration

Function

Name

__stid

Expiration

Function

Google Analytics

Statistics

Consent to service google-analytics

Usage

We use Google Analytics for website statistics. [Read more](#)

Sharing data

For more information, please read the [Google Analytics Privacy Statement](#).

Statistics

Name

[_ga_*](#)

Expiration

1 year

Function

Store and count pageviews

Intercom Messenger

Functional, Marketing

Consent to service intercom-messenger

Usage

We use Intercom Messenger for chat support. [Read more](#)

Sharing data

For more information, please read the [Intercom Messenger Privacy Statement](#).

Functional

Name

[intercom-id-*](#)

Expiration

9 months

Function

Marketing

Name

[intercom-device-id*](#)

Expiration

9 months

Function

Store a unique user ID

Woo Multi-Currency

Functional

Consent to service woo-multi-currency

Usage

We use Woo Multi-Currency for webshop management. [Read more](#)

Sharing data

This data is not shared with third parties.

Functional

Name

[wmc_current_currency](#)

Expiration

1 day

Function

Store currency settings

Sourcebuster JS

Statistics

Consent to service sourcebuster-js

Usage

We use Sourcebuster JS for visitor tracking. [Read more](#)

Sharing data

This data is not shared with third parties.

Statistics**Name**

[sbjs_migrations](#)

Expiration

6 months

Function

Store the user's usage history

Name

[sbjs_current_add](#)

Expiration

6 months

Function

Store and count pageviews

Name

[sbjs_first_add](#)

Expiration

6 months

Function

Store and count pageviews

Name

[sbjs_current](#)

Expiration

6 months

Function

Store browser details

Name

[sbjs_first](#)

Expiration

session

Function

Store and track interaction

Name

[sbjs_uadata](#)

Expiration

6 months

Function

Store a unique session ID

Name

[sbjs_session](#)

Expiration

30 minutes

Function

Store and count pageviews

LiteSpeed

Functional

Consent to service litespeed

Usage

We use LiteSpeed for website hosting. [Read more](#)

Sharing data

This data is not shared with third parties.

Functional

Name

[_lscache_vary](#)

Expiration

2 days

Function

Provide the prevention of cached pages

Google Maps

Purpose pending investigation

Consent to service google-maps

Usage

We use Google Maps for maps display. [Read more](#)

Sharing data

For more information, please read the [Google Maps Privacy Statement](#).

Purpose pending investigation

Name

Google Maps API

Expiration

Function

Active Campaign

Purpose pending investigation

Consent to service active-campaign

Usage

We use Active Campaign for marketing automation (automated email marketing). [Read more](#)

Sharing data

For more information, please read the [Active Campaign Privacy Statement](#).

Purpose pending investigation

Name

prism_*

Expiration

Function

Google Fonts

Purpose pending investigation

Consent to service google-fonts

Usage

We use Google Fonts for display of webfonts. [Read more](#)

Sharing data

For more information, please read the [Google Fonts Privacy Statement](#).

Purpose pending investigation

Name

Google Fonts API

Expiration

Function

YouTube

Purpose pending investigation

Consent to service youtube

Usage

We use YouTube for video display. [Read more](#)

Sharing data

For more information, please read the [YouTube Privacy Statement](#).

Purpose pending investigation

Name

GPS

Expiration

Function

Name

VISITOR_INFO1_LIVE

Expiration

Function

Name

YSC

Expiration

Function

Name

PREF

Expiration

Function

Facebook

Purpose pending investigation

Consent to service facebook

Usage

We use Facebook for display of recent social posts and/or social share buttons. [Read more](#)

Sharing data

For more information, please read the [Facebook Privacy Statement](#).

Purpose pending investigation

Name

_js_datr

Expiration

Function

Name

_fbc

Expiration

Function

Name

fbm*

Expiration

Function

Name

XS

Expiration

Function

Name

wd

Expiration

Function

Name

fr

Expiration

Function

Name

act

Expiration

Function

Name

_fbp

Expiration

Function

Name

datr

Expiration

Function

Name

c_user

Expiration

Function

Name

csm

Expiration

Function

Name

sb

Expiration

Function

Name

actppresence

Expiration

Function

Name

*_fbm_

Expiration

Function

Twitter

Purpose pending investigation

Consent to service twitter

Usage

We use Twitter for display of recent social posts and/or social share buttons. [Read more](#)

Sharing data

For more information, please read the [Twitter Privacy Statement](#).

Purpose pending investigation

Name

local_storage_support_test

Expiration

Function

Name

metrics_token

Expiration

Function

LinkedIn

Purpose pending investigation

Consent to service linkedin

Usage

We use LinkedIn for display of recent social posts and/or social share buttons. [Read more](#)

Sharing data

For more information, please read the [LinkedIn Privacy Statement](#).

Purpose pending investigation

Name

sdsc

Expiration

Function

Name

lms_ads

Expiration

Function

Name

lms_analytics

Expiration

Function

Name

_guid

Expiration

Function

Name

li_alerts

Expiration

Function

Name

li_gc

Expiration

Function

Name

AnalyticsSyncHistory

Expiration

Function

Name

bcookie

Expiration

Function

Name

li-oatml

Expiration

Function

Name

BizographicsOptOut

Expiration

Function

Name

li_sugr

Expiration

Function

Name

UserMatchHistory

Expiration

Function

Name

linkedin_oauth_

Expiration

Function

Name

lidc

Expiration

Function

Name

bscookie

Expiration

Function

Name

X-LI-IDC

Expiration

Function

WhatsApp

Purpose pending investigation

Consent to service whatsapp

Usage

We use WhatsApp for chat support. [Read more](#)

Sharing data

For more information, please read the [WhatsApp Privacy Statement](#).

Purpose pending investigation

Name

wa_lang_pref

Expiration

Function

Name

wa_ul

Expiration

Function

Miscellaneous

Purpose pending investigation

Consent to service miscellaneous

Usage

Sharing data

Sharing of data is pending investigation

Purpose pending investigation

Name

e_kit-elements-defaults

Expiration

Function

Name

whatsappChat.openedByUser

Expiration

Function

Name

widgetState

Expiration

Function

Name

customer-effort-score-exit-page

Expiration

Function

Name

whatsappChat.closedByUser

Expiration

Function

Name

whatsappChat.newUserTime

Expiration

Function

Name

ElfsightAppCore.storageTest

Expiration

Function

Name

[intercom.intercom-state*](#)

Expiration

Function

Name

whatsappChat.startTime

Expiration

Function

Name

storeApiCartData

Expiration

Function

Name

__gsas

Expiration

Function

Name

_cc_id

Expiration

Function

Name

collect_chat_closed

Expiration

Function

Name

[collect_chat_page_load](#)

Expiration

1 day

Function

Name

cmplz_functional

Expiration

365 days

Function

Name

cmplz_statistics

Expiration

365 days

Function

Name

cmplz_preferences

Expiration

365 days

Function

Name

cmplz_marketing

Expiration

365 days

Function

Name

_gcl_ls

Expiration

Function

Name

debug

Expiration

Function

Name

_cltk

Expiration

Function

Name

_ga

Expiration

Function

Name

_gcl_au

Expiration

Function

Name

cmplz_consenteds_services

Expiration

365 days

Function**Name**

cmplz_policy_id

Expiration

365 days

Function**Name**

cmplz_banner-status

Expiration

365 days

Function**Name**

_clck

Expiration

Function

Name

_clsk

Expiration

Function

7. Consent

When you visit our website for the first time, we will show you a pop-up with an explanation about cookies. As soon as you click on "Save preferences", you consent to us using the categories of cookies and plug-ins you selected in the pop-up, as described in this Cookie Policy. You can disable the use of cookies via your browser, but please note that our website may no longer work properly.

7.1 Manage your consent settings

8. Enabling/disabling and deleting cookies

You can use your internet browser to automatically or manually delete cookies. You can also specify that certain cookies may not be placed. Another option is to change the settings of your internet browser so that you receive a message each time a cookie is placed. For more information about these options, please refer to the instructions in the Help section of your browser.

Please note that our website may not work properly if all cookies are disabled. If you do delete the cookies in your browser, they will be placed again after your consent when you visit our website again.

9. Your rights with respect to personal data

You have the following rights with respect to your personal data:

- You have the right to know why your personal data is needed, what will happen to it, and how long it will be retained for.
- Right of access: You have the right to access your personal data that is known to us.
- Right to rectification: you have the right to supplement, correct, have deleted or blocked your personal data whenever you wish.
- If you give us your consent to process your data, you have the right to revoke that consent and to have your personal data deleted.
- Right to transfer your data: you have the right to request all your personal data from the controller and transfer it in its entirety to another controller.
- Right to object: you may object to the processing of your data. We comply with this, unless there are justified grounds for processing.

To exercise these rights, please contact us. Please refer to the contact details at the bottom of this Cookie Policy. If you have a complaint about how we handle your data, we would like to hear from you, but you also have the right to submit a complaint to the supervisory authority (the Data Protection Authority).

10. Contact details

For questions and/or comments about our Cookie Policy and this statement, please contact us by using the following contact details:

India

Website: <https://www.indiaholisticretreats.com>

Email:

This Cookie Policy was synchronized with cookiedatabase.org on July 20, 2025.

Cookie consent settings

- prefix => cmlz_
- user_banner_id => 1
- block_ajax_content =>
- do_not_track_enabled =>
- consenttype => optin
- region => eu
- geoip =>
- dismiss_timeout =>

- disable_cookiebanner =>
- soft_cookieswall =>
- dismiss_on_scroll =>
- cookie_expiry => 365
- locale => lang=en&locale=en_US
- categories => statistics, marketing
- tcf_active =>
- forceEnableStats =>
- preview =>
- clean_cookies =>
- aria_label => Click to accept {category} cookies and enable this content
- id => 1
- title_class => banner-a
- header => Manage Consent,1
- accept_optin => Accept
- accept_optout => Accept,1
- manage_consent => Manage consent
- manage_options => View preferences
- save_settings => Save preferences
- dismiss => Deny,1
- message_optout => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behavior or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.
- message_optin => To provide the best experiences, we use technologies like cookies to store and/or access device information. Consenting to these technologies will allow us to process data such as browsing behavior or unique IDs on this site. Not consenting or withdrawing consent, may adversely affect certain features and functions.
- category_functional => Functional
- category_preferences => Preferences,1
- category_statistics => Statistics,1
- functional_text => The technical storage or access is strictly necessary for the legitimate purpose of enabling the use of a specific service explicitly requested by the subscriber or user, or for the sole purpose of carrying out the transmission of a communication over an electronic communications network.,1
- statistics_text => The technical storage or access that is used exclusively for statistical purposes.,1
- statistics_text_anonymous => The technical storage or access that is used exclusively for anonymous statistical purposes. Without a subpoena, voluntary compliance on the part of your Internet Service Provider, or additional records from a third party, information stored or retrieved for this purpose alone cannot usually be used to identify you.,1
- preferences_text => The technical storage or access is necessary for the legitimate purpose of storing preferences that are not requested by the subscriber or user.,1
- marketing_text => The technical storage or access is required to create user profiles to send advertising, or to track the user on a website or across several websites for similar

- marketing purposes.,1
- category_marketing => Marketing,1
 - manage_consent_options => hover-hide-mobile
 - use_categories => view-preferences
 - privacy_link_us => #